Hymn: “The Lord’s My Shepherd, I'll Not Want”  
LW 416, TLH 436, LBW 710

Read Psalm 145  
“A Psalm of Praise” written by David

Vs. 1-2:  
- David is excited about God! How does he express this?

- Was David’s life one of ease or one of struggle?  
  (If in doubt, review 1 Samuel 18; 2 Samuel 6; 2 Samuel 11; 2 Samuel 15, etc.)

David knew rejection and acceptance; he knew love and hate. He knew what it was to be depressed (Psalm 13:1, 4) but he also knew how to overcome his depression (Psalm 13:5-6). David praised God because of His faithfulness to him.

- Is your life any different from David’s?
- What is your answer to life in the good days or in the bad days? See Isaiah 12:2.

Vs. 3-7:  
- How do these verses pertain to the tapestry that is your life?

- How has God used the lives of your parents, your grandparents, to influence your life?
• How, too, will God use your life to influence those who come after you?

Share: what has been the most devastating time in your life?

Needless to say, these strands in your tapestry of life were black.

• What has been the most wonderful event in your life?
Those threads were probably gold.

• How did God use both these events—the devastating and the wonderful—to shape you for His service?

• What influences would 1 Thessalonians 5:16-18 have on your life?

Vs. 8-13a:
• If you were to weave these verses into a tapestry, what colour(s) would you use? Why?

• What encouragement is given as you struggle with life?

• What motivation is given as you experience triumphant times of life?

• How do you reach out to your friend, your neighbour, with the threads of your life to be woven into his/her tapestry?

• How do you follow the example of Jesus in Mark 6:34 as you weave your life’s tapestry?

Vs. 13b-20:
• What is the Gospel message in verse 14?

• How do the threads of the Gospel weave themselves into your life?

• How does Hebrews 13:5 parallel David’s thoughts in verses 13b-16?

• How can these verses be a guide, an encouragement to others as their lives are woven into a beautiful tapestry?

• What warning is given? Share examples of God’s righteousness and of God’s destruction.

• How do these examples affect your life’s tapestry?

• How can the words of 2 Corinthians 13:11 be woven into your life’s tapestry?

Vs. 21:
David begins and ends his psalm with praise.
• Is praising always easy?

• Does life ever come without complications? Picture in your mind’s eye two tapestries—one woven with the threads of praise, the other with the threads of bitterness.

• Which tapestry would you choose for your life? Why?


May your life’s tapestry be woven with the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit.